

SEAS SAILING GUIDELINES

WHAT TO EXPECT

- ✓ Sailing is a sport that depends on the weather.
- ✓ We will be sailing in a 23ft Sonar: a very stable and safe boat.
- ✓ Life jackets are required while on the water. SEAS will provide them, or feel free to bring your own.
- ✓ You will need to fill out a participant waiver.
- ✓ You may get wet!

WHAT TO WEAR

- ✓ Close-toed shoes, preferably with non-marking soles. Running shoes work great!
- ✓ It's usually cooler on the lake. Please bring layers including a waterproof outer layer, if you have one.
- ✓ You will be out in the sun! We recommend bringing a hat, sunglasses, and sunscreen.

IMPORTANT

- ✓ No alcohol, smoking or pets are allowed on the boats.

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🌐 www.seasheboygan.org

